

# MAY



## Special Announcements

"This institution is an equal opportunity provider"

SCHOOL'S OUT FOR THE SUMMER!!!



| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| 1 Banana Bread<br>OR<br>Cereal & yogurt<br>Straw. Applesauce<br>Or Blueberries<br>Juice<br>Milk                | 2 Mini Blueberry pancakes<br>& Smokies<br>OR<br>Cereal & Smokies<br>Pears Or Apple<br>Juice<br>Milk | 3 Biscuit / Gravy<br>& Sausage Patty<br>OR<br>Cereal & Sausage Patty<br>Peaches Or Pineapple<br>Juice<br>Milk | 4 Oatmeal<br>& Cinn. Toast<br>OR<br>Cereal & Cinn. Toast<br>Mixed Fruit Or Orange<br>Juice<br>Milk | 5 Banana Muffin<br>& Sausage Links<br>OR<br>Cereal & Sausage Links<br>Applesauce<br>Or Strawberries<br>Juice & Milk<br>Blueberry muffin<br>& Sausage Links<br>OR<br>Cereal & Sausage Links<br>Applesauce<br>Or Strawberries<br>Juice & Milk<br>Honey Bun<br>& Sausage Links<br>OR<br>Cereal & Sausage Links<br>Applesauce<br>Or Strawberries<br>Juice & Milk |
| 8 Breakfast Burrito<br>OR<br>Cereal & yogurt<br>Straw. Applesauce<br>Or Blueberries<br>Juice & Milk            | 9 Mini French toast<br>& Smokies<br>OR<br>Cereal & Smokies<br>Pears Or Apple<br>Juice & Milk        | 10 Egg Omlet<br>& Sausage Patty<br>OR<br>Cereal & Sausage Patty<br>Peaches Or Pineapple<br>Juice & Milk       | 11 Scrambled Eggs<br>& Toast<br>OR<br>Cereal & Toast<br>Mixed Fruit Or Orange<br>Juice & Milk      | 12   |
| 15 Sausage Kolache<br>& Yogurt<br>OR<br>Cereal & Yogurt<br>Straw. Applesauce<br>Or Blueberries<br>Juice & Milk | 16 Mini Maple Waffles<br>& Smokies<br>OR<br>Cereal & Smokies<br>Pears Or Apple<br>Juice & Milk      | 17 Biscuit & Sausage Patty<br>OR<br>Cereal & Sausage Patty<br>Peaches Or Honey Dew<br>Juice<br>Milk           | 18 Breakfast Bar & Toast<br>OR<br>Cereal & Toast<br>Mixed Fruit Or Orange<br>Juice<br>Milk         | 19   |
| 22 Breakfast Pizza<br>OR<br>Cereal & Yogurt<br>Straw. Applesauce<br>Or Blueberries<br>Juice & Milk             | 23 Flapstick<br>OR<br>Cereal & Nutri Grain Bar<br>Pears Or Orange<br>Juice<br>Milk                  | 24 Pancake Sandwich<br>OR<br>Cereal & Poptart<br>Peaches Or Apple<br>Juice<br>Milk                            | 25 Breakfast Wrap<br>OR<br>Cereal & Granola Bar<br>Fruit & Juice<br>Milk                           | 26   |

### Good Eats At:

DANBURY ISD  
BREAKFAST  
PRE K – 12<sup>TH</sup>

growing seasons, summer and winter. The entire squash is edible: the outside skin, inside flesh and the seeds.

E - 5 J - 10 O - 15 T - 20 Y - 25 Z - 26

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| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
| 1<br>Pizza<br>Corn<br>Spinach<br>Applesauce<br>Milk                         | 2<br>Salisbury Steak<br>W / Roll<br>Mashed potatoes<br>Gravy<br>Green Beans<br>Peaches<br>Milk  | 3<br>Spaghetti<br>W / Cookies<br>Carrots<br>Broccoli<br>Pears<br>Milk                       | 4<br>Nacho Grande<br>& Brownie<br>Chili / Cheese<br>Refried Beans<br>Lettuce / Tomato<br>Pineapple<br>Milk | 5<br>Steak Sandwich<br>Sweet Potato Fries<br>Baked Beans<br>Cauliflower<br>Apple<br>Milk |
| 8<br>Stuffed Cheese<br>Breadsticks<br>Corn<br>Spinach<br>Applesauce<br>Milk | 9<br>Steak Fingers<br>W / Roll<br>Mashed Potatoes<br>Gravy<br>Green Beans<br>Peaches<br>Milk    | 10<br>Popcorn Chicken<br>W / Cookies<br>Mac & Cheese<br>Carrots / Broccoli<br>Pears<br>Milk | 11<br>Crispito<br>Chili / Cheese<br>Refried Beans<br>Lettuce / Tomato<br>Pineapple<br>Milk                 | 12<br>Hot Dog<br>Sweet Potato Fries<br>Baked Beans<br>Cauliflower<br>Apple<br>Milk       |
| 15<br>Corn Dog<br>Corn<br>Spinach<br>Applesauce<br>Milk                     | 16<br>Chicken Tenders<br>W / Roll<br>Mashed potatoes<br>Gravy<br>Green Beans<br>Peaches<br>Milk | 17<br>Orange Chicken<br>W / Rice<br>Carrots<br>Broccoli<br>Pears<br>Milk                    | 18<br>Burrito<br>Chili / Cheese<br>Pinto Beans<br>Lettuce / Tomato<br>Pineapple<br>Milk                    | 19<br>Hamburger<br>Sweet Potato Fries<br>Baked Beans<br>Cauliflower<br>Apple<br>Milk     |
| 22<br>BBQ Rib Sandwich<br>Corn<br>Baked Beans<br>Applesauce<br>Milk         | 23<br>Chicken Nuggets<br>W / Cookies<br>Cheese Potatoes<br>Green Beans<br>Peaches<br>Milk       | 24<br>Chicken Sandwich<br>Carrots<br>Broccoli<br>Pears<br>Milk                              | 25<br>EARLY<br>DISMISSAL<br><br>NO<br>LUNCH  | 26   |
| 29  | 30  | 31  |  |  |

### Good Eats At:

DANBURY ISD  
ELEM. & MIDDLE SCHOOL LUNCH  
PRE K – 8<sup>TH</sup>

# MAY



## Special Announcements

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SCHOOL'S OUT FOR THE SUMMER!!!



| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
| 1<br>Steak Sandwich<br>Corn<br>Spinach<br>Applesauce<br>Milk                     | 2<br>Chicken Nugget Rings<br>W / Roll<br>Mashed Potatoes<br>Gravy<br>Green Beans<br>Peaches<br>Milk | 3<br>Stuffed Cheese<br>Breadsticks<br>Carrots<br>Broccoli<br>Pears<br>Milk         | 4<br>Crispito's<br>Chili / Cheese<br>Refried Beans<br>Lettuce / Tomato<br>Pineapple<br>Milk                   | 5<br>Pizza Round<br>Oven Fries<br>Baked Beans<br>Apple<br>Milk  |
| 8<br>Chicken Tenders<br>W / Slice Bread<br>Corn<br>Spinach<br>Applesauce<br>Milk | 9<br>Chicken Fried Steak<br>W / Roll<br>Mashed Potatoes<br>Gravy<br>Green Beans<br>Peaches & Milk   | 10<br>BBQ Rib Sandwich<br>Mac & Cheese<br>Carrots<br>Broccoli<br>Pears<br>Milk     | 11<br>Nacho Grande<br>W / Brownie<br>Chili / Cheese<br>Refried Beans<br>Lettuce / Tomato<br>Pineapple<br>Milk | 12<br>Pizza Round<br>Oven Fries<br>Baked Beans<br>Apple<br>Milk |
| 15<br>Pizza<br>Garlic Bread<br>Corn<br>Spinach<br>Applesauce<br>Milk             | 16<br>Steak Fingers<br>W / Roll<br>Mashed potatoes<br>Gravy<br>Green Beans<br>Peaches<br>Milk       | 17<br>Spicy chicken Nuggets<br>W / Cookies<br>Carrots<br>Broccoli<br>Pears<br>Milk | 18<br>Taquito's<br>Chili / Cheese<br>Pinto Beans<br>Lettuce / Tomato<br>Pineapple<br>Milk                     | 19<br>Pizza Round<br>Oven Fries<br>Baked Beans<br>Apple<br>Milk |
| 22<br>Hamburgers<br>Corn<br>Baked Beans<br>Applesauce<br>Milk                    | 23<br>Corn Dog<br>Cheese Potatoes<br>Green Beans<br>Peaches<br>Milk                                 | 24<br>Spicy Chicken<br>Sandwich<br>Carrots<br>Broccoli<br>Pears<br>Milk            | 25<br>EARLY<br>DISMISSAL<br><br>NO<br>LUNCH   | 26  |

## Activities

# Squash

Squash! Squash grow above the ground on vines and are in the same family as pumpkins. The most popular types of squash you see in the grocery stores are named after their growing seasons, summer and winter. The entire squash is edible: the outside skin, inside flesh and the seeds.

## MESSAGE BOARD

DANBURY ISD

MIDDLE SCHOOL LUNCH LINE B

|       |        |        |                                   |        |
|-------|--------|--------|-----------------------------------|--------|
| A - 1 | F - 6  | K - 11 | P - 16                            | U - 21 |
| B - 2 | G - 7  | L - 12 | R - 17                            | V - 22 |
| C - 3 | H - 8  | M - 13 | S - 18                            | W - 23 |
| D - 4 | I - 9  | N - 14 | T - 19                            | X - 24 |
| E - 5 | J - 10 | O - 15 | 6 <sup>TH</sup> - 8 <sup>TH</sup> | Y - 25 |
|       |        |        |                                   | Z - 26 |

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| Monday   | Tuesday   | Wednesday  | Thursday   | Friday   |
|--|---|--|--|--|
| 1<br>Pizza<br>OR<br>Corn Dog<br>Corn / Spinach<br>Applesauce / Orange Milk                               | 2<br>Salisbury Steak<br>OR Meatloaf<br>W / 2 Rolls<br>Mashed Potatoes / Gravy<br>Green Beans<br>Peaches / Honey Dew Milk          | 3<br>Spaghetti<br>OR Spicy Chick. Nuggets<br>W / Cookies<br>Carrots / Broccoli<br>Pears / Cantaloupe<br>Milk               | 4<br>Nacho Grande & Brownie<br>OR Taquito’s<br>Chili / Cheese<br>Refried Beans<br>Lettuce / Tomato<br>Pineapple / Grapes<br>Milk | 5<br>Steak Sandwich<br>OR Spicy Chicken<br>Sandwich<br>Sweet Potato Fries<br>Baked Beans / Cauliflower<br>Apple / Strawberries<br>Milk |
| 8<br>Stuffed Cheese<br>Breadsticks<br>OR<br>Mini Corn Dogs<br>Corn / Spinach<br>Applesauce / Orange Milk | 9<br>Steak Fingers<br>OR Chicken Tenders<br>W / Roll<br>Mashed Potatoes / Gravy<br>Green Beans<br>Peaches / Honey Dew Milk        | 10<br>Popcorn Chicken<br>OR Fish Sticks<br>W / Cookies<br>Mac & Cheese<br>Carrots / Broccoli<br>Pears / Cantaloupe<br>Milk | 11<br>Crispito’s<br>OR Burrito<br>Chili / Cheese<br>Refried Beans<br>Lettuce / Tomato<br>Pineapple / Grapes<br>Milk              | 12<br>Hot Dog<br>OR Meatball Sub<br>Sweet Potato fries<br>Baked Beans / Cauliflower<br>Apple / Strawberries<br>Milk                    |
| 15<br>Corn Dog<br>OR<br>Pizza Round<br>Corn / Spinach<br>Applesauce / Orange Milk                        | 16<br>Chicken Tenders<br>OR Chicken Fried Steak<br>W / Roll<br>Mashed Potatoes / Gravy<br>Green Beans<br>Peaches / Honey Dew Milk | 17<br>Orange Chicken<br>OR Egg Rolls<br>W / Rice<br>Carrots / Broccoli<br>Pears / Cantaloupe<br>Milk                       | 18<br>Burrito<br>OR Crispito’s<br>Chili / Cheese<br>Pinto Beans<br>Lettuce / Tomato<br>Pineapple / Grapes<br>Milk                | 19<br>Hamburger<br>OR Grilled Chicken<br>Sandwich<br>Sweet potato Fries<br>Baked Beans / Cauliflower<br>Apple / Strawberries<br>Milk   |
| 22<br>BBQ Rib Sandwich<br>OR Chicken Sandwich<br>Corn<br>Baked Beans<br>Applesauce / Orange Milk         | 23<br>Chicken Nuggets<br>OR Steak Fingers<br>W / Cookies<br>Cheese Potatoes<br>Green Beans<br>Peaches / Honey Dew Milk            | 24<br>Chicken Sandwich<br>OR Cheese Burger<br>Carrots<br>Broccoli<br>Pears / Strawberries<br>Milk                          | 25<br>EARLY<br>DISMISSAL<br><br>NO<br>LUNCH  | 26   |

### Good Eats At:

**DANBURY ISD  
HIGH SCHOOL LUNCH & COMBO  
9<sup>TH</sup> – 12<sup>TH</sup>**

**MAY**



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**SCHOOL’S OUT FOR THE SUMMER!!!**



| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
| 1<br>Steak Sandwich<br>Corn<br>Spinach<br>Applesauce / Orange<br>Milk                     | 2<br>Chicken Nugget Rings<br>W / Roll<br>Mashed Potatoes<br>Gravy<br>Green Beans<br>Peaches / Honey Dew<br>Milk | 3<br>Stuffed Cheese<br>Breadsticks<br>Carrots<br>Broccoli<br>Pears / Cantaloupe<br>Milk         | 4<br>Crispito’s<br>Chili / Cheese<br>Refried Beans<br>Lettuce / Tomato<br>Pineapple / Grapes<br>Milk                   | 5<br>Pizza Round<br>Oven Fries<br>Baked Beans<br>Apple / Strawberries<br>Milk  |
| 8<br>Chicken Tenders<br>W / Slice Bread<br>Corn<br>Spinach<br>Applesauce / Orange<br>Milk | 9<br>Chicken Fried Steak<br>W / Roll<br>Mashed Potatoes<br>Gravy<br>Green Beans<br>Peaches / Honey Dew<br>Milk  | 10<br>BBQ Rib Sandwich<br>Mac & Cheese<br>Carrots<br>Broccoli<br>Pears / Cantaloupe<br>Milk     | 11<br>Nacho Grande<br>W / Brownie<br>Chili / Cheese<br>Refried Beans<br>Lettuce / Tomato<br>Pineapple / Grapes<br>Milk | 12<br>Pizza Round<br>Oven Fries<br>Baked Beans<br>Apple / Strawberries<br>Milk |
| 15<br>Pizza<br>Garlic Bread<br>Corn<br>Spinach<br>Applesauce / Orange<br>Milk             | 16<br>Steak Fingers<br>W / Roll<br>Mashed Potatoes<br>Gravy<br>Green Beans<br>Peaches / Honey Dew<br>Milk       | 17<br>Spicy Chicken Nuggets<br>W / Cookies<br>Carrots<br>Broccoli<br>Pears / Cantaloupe<br>Milk | 18<br>Taquito’s<br>Chili / Cheese<br>Pinto Beans<br>Lettuce / Tomato<br>Pineapple / Grapes<br>Milk                     | 19<br>Pizza Round<br>Oven Fries<br>Baked Beans<br>Apple / Strawberries<br>Milk |
| 22<br>Hamburgers<br>Corn<br>Baked Beans<br>Applesauce / Orange<br>Milk                    | 23<br>Corn Dog<br>Cheese Potatoes<br>Green Beans<br>Peaches / Honey Dew<br>Milk                                 | 24<br>Spicy Chicken<br>Sandwich<br>Carrots<br>Broccoli<br>Pears / Strawberries<br>Milk          | 25<br>EARLY<br>DISMISSAL<br><br>NO<br>LUNCH  | 26   |
| 29  | 30  | 31  | <p><b>Good Eats At:</b><br/>DANBURY ISD<br/>HIGH SCHOOL LUNCH LINE B<br/>9<sup>TH</sup> – 12<sup>TH</sup></p>          |  |
|   |   |   |  |  |

# Squash

**Squash!** Squash grow above the ground on vines and are in the same family as pumpkins. The most popular types of squash you see in the grocery stores are named after their growing seasons, summer and winter. The entire squash is edible: the outside skin, inside flesh and the seeds.

**Vitamin A:** One of the main nutritional benefits of squash is its serving of vitamin A. Your eyes use vitamin A to see at night and recognize colors.

**Growing Regions:** East Texas, Rio Grande Valley and Winter Garden



# Papaya

Even though papayas look like melons they are actually classified as berries and grow on giant herb type plants, not trees. These plants can reach up to 30 feet in height if the trunk is straight and healthy. In addition to the sweet orange centers, the seeds of a papaya can be eaten and have a spicy, peppery taste.

**Vitamin C:** Papaya's are great source of vitamin C. Your body needs vitamin C to grow and repair tissues in your skin and muscles

**Growing Region:** Rio Grande Valley



**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 18 and Younger

Visit: [SquareMeals.org/SeasonalityWheel](http://SquareMeals.org/SeasonalityWheel)

## MESSAGE DECODER

|       |        |        |        |        |
|-------|--------|--------|--------|--------|
| A - 1 | F - 6  | K - 11 | P - 16 | U - 21 |
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| E - 5 | J - 10 | O - 15 | T - 20 | Y - 25 |
|       |        |        |        | Z - 26 |

### Did You Know?

The English word "squash" comes from a Native American word, askutasquash, which means "eaten raw or uncooked."

14 1 20 9 22 5

1 13 5 18 9 3 1 14 19

used squash as a valuable food source to survive the harsh winters.

## Joke of the Month

Q. What instrument does the squash love to play?  
see answer below.



East Texas

Winter Garden

Rio Grande Valley

### Growing Regions



Joke Answer: An a-squash-an  
Message: Native American