

## **Physical Activity Requirements**

### **Elementary School Physical Activity Requirements:**

In accordance with policies EHAB, EHAC, and FFA, the District will ensure that students in kindergarten through grade 5 will engage in moderate or vigorous physical activity for at least 30 minutes per day or 135 minutes per week as part of the District's physical education curriculum or through structured physical activity led by the classroom teacher.

### **Middle School Physical Activity Requirements:**

In accordance with policies EHAB, EHAC, and FFA, the District will ensure that students in grades 6 through 8 will engage in moderate or vigorous physical activity for at least 30 minutes per day for at least four semesters as part of the District's physical education curriculum.

### **High School Physical Activity Requirements:**

Students in grades 9 through 12 are required to participate in at least one credit of physical education or its equivalent in order to meet state and local graduation requirements.

### **Physical Activity Exemptions:**

Board policy allows for exemptions for students who are "unable to participate in the required physical activity because of illness or disability." Please contact your campus administrator for any questions regarding exemptions.