

## Minutes

A meeting of the Danbury Independent School District School Health Advisory Council was held on 2-26-2009 in the elementary school library.

The SHAC reviewed the Danbury Independent School District Wellness Policy on Physical Activity and Nutrition as it was due for a three year review. Several changes were suggested to better align the policy with the district's current practices. See the proposed changes in the attached copy. The changes will be submitted to the school board for review and possible approval.

Next, the current coordinated school health curriculum, Healthy and Wise, for the elementary campus was discussed. Kari Smith indicated that the elementary staff found that the Healthy and Wise curriculum was not grade level specific and was difficult to use. After discussion of this issue, the SHAC voted to recommend to the school board that the Great Body Shop health curriculum be approved and implemented at the elementary level for the 09-10 school year.

Next, FITNESGRAM information/results were presented and discussed.

Lastly, a brief overview of pending legislation affecting school health was presented.

The next meeting of the SCHC was tentatively scheduled for February of 2010.

The meeting was closed.

Respectfully Submitted,

Susie Larson