

What Do SHACS Do?

The most effective SHACs develop plans that address all eight components of a coordinated school health program

- Health instruction
- Healthy school environment
- Health services
- Physical education
- School Counseling
- Food services
- School site health promotion for faculty and staff
- Parental involvement

Responsibilities

Program Planning

- Share strategies and problem solve
- Assess district and community health issues/concerns
- Facilitate innovation in health education
- Provide in-service training programs

Advocating and Promoting School Health

- Spotlight your SHACs efforts and successes
- Facilitate understanding between school and community
- Encourage local business, media, etc. to provide resources

Fiscal Impact

- Provide support when making recommendations that have a fiscal impact
- Consider how to assist schools in raising funds for health education programs

District Interaction

How well does your district address health issues

- Observe health education classes
- Examine school lunch menus

Meet with appropriate district personnel to discuss issues and brainstorm solutions

Contact Information

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